

Women's Ice Hockey Tournament
March 26-28, 2010
Union College's Messa Arena
Schenectady, NY

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## Welcome Players, Coaches, Referees, Friends and Family!

WELCOME ALL ... to the 4th Annual "Stick It To Brain Tumors" Women's Ice Hockey Tournament. The last three years, these tournaments far exceeded our goals - - we raised over \$51,000. All of the funds raised at this tournament were used to help fund brain tumor research. Few other diseases attack the very core of our being as directly as brain cancer and this terrible disease has gone without attention for far too long. Hopefully this tournament will help to raise awareness of this devastating disease that threatens the most vulnerable and innocent members of our society.

THAN

Thank You to everyone who helped to make this fourth "Stick It To Brain Tumors" tournament a success. We would like to thank the teams and players for adding life to the tournament, and to Union College for hosting us at the spectacular Messa Rink. We cannot name everyone who helped but there were some people that were outstanding and must be mentioned. Thank you to Adam Brinker, who was instrumental in countless ways, obtaining the ice, promoting the tournament, coaching, cheering and simply being an energetic and wonderful human being. Thank you to Kathy Zakriski, an outstanding scrounger and tireless supporter,

always going above and beyond to help. Thank you to Irene Petito, who gave us determination and unflagging good cheer. Thank you to the Frozen Assets who adopted our cause and whose enthusiasm inspired us! Thank you to Mustangs, with a special thanks to Talia Salanger, our youngest player and cookie coordinator. A special thank you also goes to the Capital District's USA Hockey referees who gave us their best, put up with us, and did so without pay, thank you! And we thank the Sponsors who trusted enough to support us financially.

#### Thank You!

Debbie and Craig Jackson

Ps. We try to make this an **environmental friendly event**. Please recycle your cans, bottles and paper in the recycling bins at the rink. The book is printed on 100% recycled content paper saving 53 pounds of  $CO_2$  equivalents, 219 gallons of water and much more!

A special thank you goes our fan sponsor



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## 2010 Stick It To Brain Tumors Game Schedule

Time	#	Div	Home	Away	Score	Points
			Friday 3	/26		
1:50 - 2:50 pm	1	D	Mustangs	Arctic Foxes		
3:00 - 4:00 pm	2	Rec	Frozen Assets	Arctic Foxes		
4:10 - 5:10 pm	3	С	Storm	Wrecks		
5:20 - 6:20 pm	4	D	Avalanche	Sabrettes		
6:30 - 7:30 pm	5	Rec	Herricanes	Ice Breakers		
7:40 - 8:40 pm	6	С	Pirates	Coyotes		
8:50 - 9:50 pm	7	D	Arctic Foxes	Avalanche		
			Saturday	3/27		
7:00 - 8:00 am	8	Rec	Frozen Assets	Ice Breakers		
10:45 - 11:45 am	9	С	Wrecks	Pirates		
11:55 - 12:55 pm	10	С	Coyotes	Storm		
1:05 - 2:05 pm	11	D	Sabrettes	Arctic Foxes		
2:15 - 3:15 pm	12	D	Avalanche	Mustangs		
3:30 - 4:30 pm	13	Rec	Herricanes	Frozen Assets		
4:45 - 5:45 pm	14	Rec	Arctic Foxes	Ice Breakers		
5:55 - 6:55 pm	15	С	Storm	Pirates		
7:05 - 8:05 pm	16	С	Coyotes	Wrecks		
8:15 - 9:15 pm	17	D	Mustangs	Sabrettes		
9:25 - 10:25 pm	18	Rec	Herricanes	Arctic Foxes		
			Sunday 3	3/28		
8:00 - 9:00 am	19	Rec	Consolation - #3 vs #4 seeds			
9:10 - 10:10 am	20	D	Consolation - #3 vs #4 seeds			
10:20 - 11:20 am	21	С	Consolation - #3 vs #4 seeds			
11:30 - 12:45 pm	22	Rec	Championship Game - #1 vs #2 seeds			
1:00 - 2:15 pm	23	D	Championship Game - #1 vs #2 seeds			
2:30 - 3:45 pm	24	С	Championship Game - #1 vs #2 seeds			

**Goals for Hope Sponsors** 

**Dr. William Kowal** 

Center for Environmental Health Staff

Thank you!!!

#### 4th Annual "Stick It To Brain Tumors" Tournament Rules

#### **General Rules**

Three periods - stop time.

Periods are 12 minutes.

Final period may go to running time to complete game in allotted time slot.

Three minute warm-up from scheduled start time.

Minor penalties are 1:30 minute, majors will be 3:00 minutes.

Zero tolerance for fighting, player(s) will be ejected from the tournament.

Any player with five penalties in one game will be removed from the game.

All players must have full equipment.

Any disputes will be handled by the Rules Committee.

**Recreational Division Rule:** One goal allowed per person per game. If a player scores their second goal in the rec division, the face off will be inside the zone, and the goal does not count.

#### **Tournament Point System**

Period = 1 point per period (1/2 point for tie)

Points Available = 5 per game

#### **Championship Game**

Each team is allowed one 30 second time out per game.

Tie breakers to determine the teams for the Championship Game:

Head to Head Play

Least Goals Allowed

Most Shutout Periods

Most Shutout Games

Team with Least Penalty Minutes

Flip of a Coin

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#### If the Championship Game Is Tied after Regulation Time

5 minute overtime, sudden death.

If still a tie, there will be a shoot out (5 players from each team).

If still tied, there will be a sudden death shoot out (no repeat shooters, until everyone on the team has shot once).

Continue rotation until someone wins!

## New York State Department of Environmental Conservation

Staff at DEC always give generously to brain tumor research! Thank you for your continued support! You are the best and it is a privilege to work with you! Best Wishes for a Successful Tournament!

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Jeannine Baker - Brain Cancer (2008)

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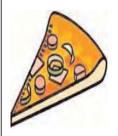
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- 11 Cathleen Crowley
- 12 Melissa Hershey
- 15 Trish Marciano
- 17 Ellie Alexander
- 19 Penny Cushman
- 20 Robin Tobin
- 21 Laura Ferris
- 24 Kathy Dalton
- 25 Angela Puorto
- 27 Sarah Johnston
- 31 Charlene Chase
- 32 Leslie Thiele
- 36 Bridget Kaiser
- 42 Donna Sawyer
- 44 Karrie Cox
- 54 Sarah Burke
- 56 Randi Moore

Coach - Gerard Marciano

#### **CT Herricanes**

- 1 Katherine Downes
- 2 Dorothy Doty Elizabeth Beran
- 18 Mary Campbell
- 19 Laura Giovannoli Leah Clark
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- 26 Carol Gardell
- 27 Colleen Galloway Teresa Guaragno
- G Christine Hennings Cathy Welsh

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- 25 Lenore Paoli
- 27 Joanne Holm
- 31 Theresa Klein
- 71 Natalie Clark
- 87 Christina Martins
  Courtney Wagner

#### **Arctic Foxes**

- 9 Heidi Bonner (G)
- 23 Jessica Lamp
- 29 Katelyn Cromer
- 34 Maria Dziamba Sarah Willimott
- 40 Julie Jung
- 50 Heather Capuano Beth Boudette Sandy Holt
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- 7 Deb Bond
- 9 Justina Seelbinder
- 11 Jennifer Norris
- 12 Kerrie Carlson
- 14 Renee Noel
- 17 Lisa Fontana
- 19 Nanci Swick
- 77 Hannah Wawrowski
- 88 Mary Howard
  Alex Sweet
  Melanie Collins
  Tamara Stewart

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Coaches - Matt Karpovich

Justin Rutherford

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- 10 Sue Butler
- 13 Carun Coughtry
- 18 Margo Plumadore
- 23 Sally Gangell
- 32 Pam Mantas
- 47 Carrie Sullivan
- 59 Jill Stott
- 65 Debbie Reese
- 76 Candice Casucci
- 77 Mary Ann Spain
- G Shannon Woodley (G)

## **MESSA MUSTANGS**

- 2 Kate Burns
- 5 Carla Bengle
- 7 Margaret Launer
- 8 Leah Hilton
- 12 Cindy Chan
- 14 Page Salenger
- 17 Kaelyn Dooley
- 19 Deb Jackson
- 30 Heidi Dillenbeck (G)
- 26 Karin Moran
- 32 Kim Mergen
- 53 Margaret Novak
- 69 Aimee Konet
- 76 Erin Wippich78 Sheila Tandon
- 36 Kelly Casper

Coach - Adam Brinker



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Talia Salanger

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- 9 Kristen Cady-Sawyer
- 12 KC Frasier
- 13 Alix Broomfield
- 15 Reisha Rieder
- 23 Susan Tullock
- 25 Christing Ciccione
- 28 Alissa Dill
- 35 Christina Valesente

## **CNY Wrecks**

- 2 Laura Meagher (G)
- 3 Eliza Kelley
- 8 Angela Gooldy
- 9 Roberta Steele
- 13 Melissa Grube
- 14 Amanda Goldstein
- 15 Dyanne Roberts
- 18 Tiffany Bichrest
- 21 Melissa Leone
- 22 Mary Kurdziolek
- 23 Annemarie Brelinsky
- 24 Alissa Tuthill
- 25 Kasey Cornwell
- 36 Emily Till
- 77 Dodie Hout
- 91 Marie Peterson

Coach - Emerson Mish

## Niagara Coyotes

- 2 linda Wilson
- 3 Jennifer Rychlik-Vickerd
- 9 Paulette Maroney
- 10 Marianne Niezgoda-Skipworth
- 13 Erin Andreicak
- 15 Liz Ziamowski
- 19 Michelle Maroney
- 22 Justina Seelbinder
- 23 Jessica Emerling
- 24 Sue Baldwin
- 31 Kelly Errington
- 33 Meredith Larsen
- 42 Heidi Paris
- 44 Terri Stafford
- 48 Elona Flegal
- 85 Nancy Krotz

Rachel Rechin

**Courtney Wagner** 

## **New England Pirates**

- 2 Kendra Pasciucco
- 3 Karen Costes
- 5 Missy Bailey
- 6 Kat Hannah
- 7 Julie MacNaught
- 8 Laura Lok
- 9 Jenny Mancini
- 11 Natalie Lavergne
- 13 Nicole Cournoyer
- 17 Lisa Thibodeaux
- 28 Nancy Schumann
- 33 Linda Caron
- 35 Cherul Valukevich (G)

Coach - Ed Lok



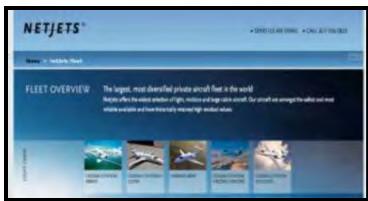
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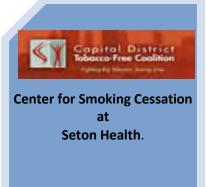
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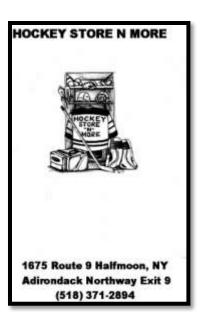
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## Facts about Brain Tumors\*

At this time, brain tumor research is underfunded and the public remains unaware of the magnitude of this disease. The cure rate for most brain tumors is significantly lower than that for many other types of cancer.

- Each year more than 200,000 people in the United States are diagnosed with a primary or metastatic brain tumor. Primary brain tumors comprise approximately40,000 of these diagnoses.
- ♦ Metastatic brain tumors, cancer that spreads from other parts of the body to the brain, are the most common types of brain tumors. They occur in 10-15% of people with cancer. Primary brain tumors generally do not metastasize to other parts of the body.

Touch and pressure

- ♦ Brain tumors are the leading cause of solid tumor cancer death in children under the age of 20, now surpassing acute lymphoblastic leukemia (ALL). They are the second leading cause of cancer death in male adults ages 20-29 and the fifth leading cause of cancer death in female adults ages 20-39.
- ♦ There are over 120 different types of brain tumors, which make effective treatment complicated. They can be malignant or non-malignant, and in either case, can be just as injurious or life threatening. At present, the standard treatments for brain tumors include surgery, radiation therapy, and chemotherapy. These may be used either individually or in combination.
- ♦ There are currently no known causes of brain tumors, however, epidemiological studies are ongoing. Complete and accurate data on all primary brain tumors is needed to provide the foundation for investigations of its causes and research leading to improved diagnosis and treatment.
- ♦ Brain tumors have no socio-economic boundaries and do not discriminate among gender or ethnicity.
- \* Facts from the **Brain Tumor Society** www.tbts.org

## Thank You Health Department Staff!

The employees from the Center for Environmental Health in Troy always support our cause!

Your generous contributions are greatly appreciated!





To everyone that made this event possible!

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Check out the raffle table and silent auction!

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Get Together (Food & Tunes) Saturday night, Garnet Room from 7:00 - 10:00 pm.

Raffle Drawing at 8:00 pm Saturday Night!